

Course Handicap Table

Colorado
Frost Creek
Men's - Copper

Course Rating™: 73.7 - Slope Rating®: 140 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.2	+4	24.9 to 25.6	33
+4.1 to +3.4	+3	25.7 to 26.4	34
+3.3 to +2.6	+2	26.5 to 27.2	35
+2.5 to +1.8	+1	27.3 to 28.0	36
+1.7 to +1.0	0	28.1 to 28.8	37
+0.9 to +0.2	1	28.9 to 29.7	38
+0.1 to 0.6	2	29.8 to 30.5	39
0.7 to 1.4	3	30.6 to 31.3	40
1.5 to 2.2	4	31.4 to 32.1	41
2.3 to 3.0	5	32.2 to 32.9	42
3.1 to 3.8	6	33.0 to 33.7	43
3.9 to 4.6	7	33.8 to 34.5	44
4.7 to 5.4	8	34.6 to 35.3	45
5.5 to 6.2	9	35.4 to 36.1	46
6.3 to 7.1	10	36.2 to 36.9	47
7.2 to 7.9	11	37.0 to 37.7	48
8.0 to 8.7	12	37.8 to 38.5	49
8.8 to 9.5	13	38.6 to 39.3	50
9.6 to 10.3	14	39.4 to 40.1	51
10.4 to 11.1	15	40.2 to 41.0	52
11.2 to 11.9	16	41.1 to 41.8	53
12.0 to 12.7	17	41.9 to 42.6	54
12.8 to 13.5	18	42.7 to 43.4	55
13.6 to 14.3	19	43.5 to 44.2	56
14.4 to 15.1	20	44.3 to 45.0	57
15.2 to 15.9	21	45.1 to 45.8	58
16.0 to 16.7	22	45.9 to 46.6	59
16.8 to 17.5	23	46.7 to 47.4	60
17.6 to 18.4	24	47.5 to 48.2	61
18.5 to 19.2	25	48.3 to 49.0	62
19.3 to 20.0	26	49.1 to 49.8	63
20.1 to 20.8	27	49.9 to 50.6	64
20.9 to 21.6	28	50.7 to 51.4	65
21.7 to 22.4	29	51.5 to 52.3	66
22.5 to 23.2	30	52.4 to 53.1	67
23.3 to 24.0	31	53.2 to 53.9	68
24.1 to 24.8	32	54.0 to 54.0	69

INSTRUCTIONS

* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

Course Handicap Table

Colorado
Frost Creek
Men's - Blue

Course Rating™: 71.5 - Slope Rating®: 138 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +5.0	+7	23.8 to 24.5	29
+4.9 to +4.1	+6	24.6 to 25.3	30
+4.0 to +3.3	+5	25.4 to 26.2	31
+3.2 to +2.5	+4	26.3 to 27.0	32
+2.4 to +1.7	+3	27.1 to 27.8	33
+1.6 to +0.9	+2	27.9 to 28.6	34
+0.8 to +0.1	+1	28.7 to 29.4	35
0.0 to 0.8	0	29.5 to 30.2	36
0.9 to 1.6	1	30.3 to 31.1	37
1.7 to 2.4	2	31.2 to 31.9	38
2.5 to 3.2	3	32.0 to 32.7	39
3.3 to 4.0	4	32.8 to 33.5	40
4.1 to 4.9	5	33.6 to 34.3	41
5.0 to 5.7	6	34.4 to 35.2	42
5.8 to 6.5	7	35.3 to 36.0	43
6.6 to 7.3	8	36.1 to 36.8	44
7.4 to 8.1	9	36.9 to 37.6	45
8.2 to 9.0	10	37.7 to 38.4	46
9.1 to 9.8	11	38.5 to 39.3	47
9.9 to 10.6	12	39.4 to 40.1	48
10.7 to 11.4	13	40.2 to 40.9	49
11.5 to 12.2	14	41.0 to 41.7	50
12.3 to 13.1	15	41.8 to 42.5	51
13.2 to 13.9	16	42.6 to 43.3	52
14.0 to 14.7	17	43.4 to 44.2	53
14.8 to 15.5	18	44.3 to 45.0	54
15.6 to 16.3	19	45.1 to 45.8	55
16.4 to 17.1	20	45.9 to 46.6	56
17.2 to 18.0	21	46.7 to 47.4	57
18.1 to 18.8	22	47.5 to 48.3	58
18.9 to 19.6	23	48.4 to 49.1	59
19.7 to 20.4	24	49.2 to 49.9	60
20.5 to 21.2	25	50.0 to 50.7	61
21.3 to 22.1	26	50.8 to 51.5	62
22.2 to 22.9	27	51.6 to 52.4	63
23.0 to 23.7	28	52.5 to 53.2	64
		53.3 to 54.0	65

INSTRUCTIONS

* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

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Course Handicap Table

Colorado
Frost Creek
Men's - Blue/White

Course Rating™: 70.7 - Slope Rating®: 136 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.4	+7	24.8 to 25.5	29
+4.3 to +3.5	+6	25.6 to 26.4	30
+3.4 to +2.7	+5	26.5 to 27.2	31
+2.6 to +1.9	+4	27.3 to 28.0	32
+1.8 to +1.0	+3	28.1 to 28.9	33
+0.9 to +0.2	+2	29.0 to 29.7	34
+0.1 to 0.6	+1	29.8 to 30.5	35
0.7 to 1.4	0	30.6 to 31.4	36
1.5 to 2.3	1	31.5 to 32.2	37
2.4 to 3.1	2	32.3 to 33.0	38
3.2 to 3.9	3	33.1 to 33.8	39
4.0 to 4.8	4	33.9 to 34.7	40
4.9 to 5.6	5	34.8 to 35.5	41
5.7 to 6.4	6	35.6 to 36.3	42
6.5 to 7.3	7	36.4 to 37.2	43
7.4 to 8.1	8	37.3 to 38.0	44
8.2 to 8.9	9	38.1 to 38.8	45
9.0 to 9.8	10	38.9 to 39.7	46
9.9 to 10.6	11	39.8 to 40.5	47
10.7 to 11.4	12	40.6 to 41.3	48
11.5 to 12.2	13	41.4 to 42.2	49
12.3 to 13.1	14	42.3 to 43.0	50
13.2 to 13.9	15	43.1 to 43.8	51
14.0 to 14.7	16	43.9 to 44.7	52
14.8 to 15.6	17	44.8 to 45.5	53
15.7 to 16.4	18	45.6 to 46.3	54
16.5 to 17.2	19	46.4 to 47.1	55
17.3 to 18.1	20	47.2 to 48.0	56
18.2 to 18.9	21	48.1 to 48.8	57
19.0 to 19.7	22	48.9 to 49.6	58
19.8 to 20.6	23	49.7 to 50.5	59
20.7 to 21.4	24	50.6 to 51.3	60
21.5 to 22.2	25	51.4 to 52.1	61
22.3 to 23.0	26	52.2 to 53.0	62
23.1 to 23.9	27	53.1 to 53.8	63
24.0 to 24.7	28	53.9 to 54.0	64

INSTRUCTIONS

* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

Course Handicap Table

Colorado
Frost Creek
Men's - White

Course Rating™: 69.9 - Slope Rating®: 134 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.6	+8	24.2 to 24.9	27
+4.5 to +3.8	+7	25.0 to 25.8	28
+3.7 to +2.9	+6	25.9 to 26.6	29
+2.8 to +2.1	+5	26.7 to 27.4	30
+2.0 to +1.2	+4	27.5 to 28.3	31
+1.1 to +0.4	+3	28.4 to 29.1	32
+0.3 to 0.5	+2	29.2 to 30.0	33
0.6 to 1.3	+1	30.1 to 30.8	34
1.4 to 2.1	0	30.9 to 31.7	35
2.2 to 3.0	1	31.8 to 32.5	36
3.1 to 3.8	2	32.6 to 33.3	37
3.9 to 4.7	3	33.4 to 34.2	38
4.8 to 5.5	4	34.3 to 35.0	39
5.6 to 6.4	5	35.1 to 35.9	40
6.5 to 7.2	6	36.0 to 36.7	41
7.3 to 8.0	7	36.8 to 37.6	42
8.1 to 8.9	8	37.7 to 38.4	43
9.0 to 9.7	9	38.5 to 39.2	44
9.8 to 10.6	10	39.3 to 40.1	45
10.7 to 11.4	11	40.2 to 40.9	46
11.5 to 12.3	12	41.0 to 41.8	47
12.4 to 13.1	13	41.9 to 42.6	48
13.2 to 13.9	14	42.7 to 43.5	49
14.0 to 14.8	15	43.6 to 44.3	50
14.9 to 15.6	16	44.4 to 45.1	51
15.7 to 16.5	17	45.2 to 46.0	52
16.6 to 17.3	18	46.1 to 46.8	53
17.4 to 18.2	19	46.9 to 47.7	54
18.3 to 19.0	20	47.8 to 48.5	55
19.1 to 19.9	21	48.6 to 49.4	56
20.0 to 20.7	22	49.5 to 50.2	57
20.8 to 21.5	23	50.3 to 51.1	58
21.6 to 22.4	24	51.2 to 51.9	59
22.5 to 23.2	25	52.0 to 52.7	60
23.3 to 24.1	26	52.8 to 53.6	61
		53.7 to 54.0	62

INSTRUCTIONS

* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

Course Handicap Table

Colorado
 Frost Creek
 Men's - White/Gold

Course Rating™: 68.1 - Slope Rating®: 125 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.2	+9	24.8 to 25.6	24
+4.1 to +3.3	+8	25.7 to 26.5	25
+3.2 to +2.4	+7	26.6 to 27.4	26
+2.3 to +1.5	+6	27.5 to 28.3	27
+1.4 to +0.6	+5	28.4 to 29.2	28
+0.5 to 0.3	+4	29.3 to 30.1	29
0.4 to 1.2	+3	30.2 to 31.0	30
1.3 to 2.1	+2	31.1 to 32.0	31
2.2 to 3.0	+1	32.1 to 32.9	32
3.1 to 3.9	0	33.0 to 33.8	33
4.0 to 4.8	1	33.9 to 34.7	34
4.9 to 5.7	2	34.8 to 35.6	35
5.8 to 6.6	3	35.7 to 36.5	36
6.7 to 7.5	4	36.6 to 37.4	37
7.6 to 8.4	5	37.5 to 38.3	38
8.5 to 9.4	6	38.4 to 39.2	39
9.5 to 10.3	7	39.3 to 40.1	40
10.4 to 11.2	8	40.2 to 41.0	41
11.3 to 12.1	9	41.1 to 41.9	42
12.2 to 13.0	10	42.0 to 42.8	43
13.1 to 13.9	11	42.9 to 43.7	44
14.0 to 14.8	12	43.8 to 44.6	45
14.9 to 15.7	13	44.7 to 45.5	46
15.8 to 16.6	14	45.6 to 46.4	47
16.7 to 17.5	15	46.5 to 47.3	48
17.6 to 18.4	16	47.4 to 48.2	49
18.5 to 19.3	17	48.3 to 49.1	50
19.4 to 20.2	18	49.2 to 50.0	51
20.3 to 21.1	19	50.1 to 50.9	52
21.2 to 22.0	20	51.0 to 51.8	53
22.1 to 22.9	21	51.9 to 52.7	54
23.0 to 23.8	22	52.8 to 53.6	55
23.9 to 24.7	23	53.7 to 54.0	56

INSTRUCTIONS

* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

Course Handicap Table

Colorado
Frost Creek
Men's - Gold

Course Rating™: 67.3 - Slope Rating®: 120 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.6	+10	24.7 to 25.6	22
+4.5 to +3.6	+9	25.7 to 26.5	23
+3.5 to +2.7	+8	26.6 to 27.4	24
+2.6 to +1.7	+7	27.5 to 28.4	25
+1.6 to +0.8	+6	28.5 to 29.3	26
+0.7 to 0.1	+5	29.4 to 30.3	27
0.2 to 1.1	+4	30.4 to 31.2	28
1.2 to 2.0	+3	31.3 to 32.2	29
2.1 to 3.0	+2	32.3 to 33.1	30
3.1 to 3.9	+1	33.2 to 34.0	31
4.0 to 4.8	0	34.1 to 35.0	32
4.9 to 5.8	1	35.1 to 35.9	33
5.9 to 6.7	2	36.0 to 36.9	34
6.8 to 7.7	3	37.0 to 37.8	35
7.8 to 8.6	4	37.9 to 38.7	36
8.7 to 9.6	5	38.8 to 39.7	37
9.7 to 10.5	6	39.8 to 40.6	38
10.6 to 11.4	7	40.7 to 41.6	39
11.5 to 12.4	8	41.7 to 42.5	40
12.5 to 13.3	9	42.6 to 43.5	41
13.4 to 14.3	10	43.6 to 44.4	42
14.4 to 15.2	11	44.5 to 45.3	43
15.3 to 16.1	12	45.4 to 46.3	44
16.2 to 17.1	13	46.4 to 47.2	45
17.2 to 18.0	14	47.3 to 48.2	46
18.1 to 19.0	15	48.3 to 49.1	47
19.1 to 19.9	16	49.2 to 50.0	48
20.0 to 20.9	17	50.1 to 51.0	49
21.0 to 21.8	18	51.1 to 51.9	50
21.9 to 22.7	19	52.0 to 52.9	51
22.8 to 23.7	20	53.0 to 53.8	52
23.8 to 24.6	21	53.9 to 54.0	53

INSTRUCTIONS

* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

Course Handicap Table

Colorado
 Frost Creek
 Men's - Silver

Course Rating™: 62.6 - Slope Rating®: 107 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.4	+14	24.2 to 25.2	14
+4.3 to +3.3	+13	25.3 to 26.2	15
+3.2 to +2.3	+12	26.3 to 27.3	16
+2.2 to +1.2	+11	27.4 to 28.4	17
+1.1 to +0.2	+10	28.5 to 29.4	18
+0.1 to 0.9	+9	29.5 to 30.5	19
1.0 to 2.0	+8	30.6 to 31.5	20
2.1 to 3.0	+7	31.6 to 32.6	21
3.1 to 4.1	+6	32.7 to 33.6	22
4.2 to 5.1	+5	33.7 to 34.7	23
5.2 to 6.2	+4	34.8 to 35.8	24
6.3 to 7.2	+3	35.9 to 36.8	25
7.3 to 8.3	+2	36.9 to 37.9	26
8.4 to 9.3	+1	38.0 to 38.9	27
9.4 to 10.4	0	39.0 to 40.0	28
10.5 to 11.5	1	40.1 to 41.0	29
11.6 to 12.5	2	41.1 to 42.1	30
12.6 to 13.6	3	42.2 to 43.1	31
13.7 to 14.6	4	43.2 to 44.2	32
14.7 to 15.7	5	44.3 to 45.3	33
15.8 to 16.7	6	45.4 to 46.3	34
16.8 to 17.8	7	46.4 to 47.4	35
17.9 to 18.9	8	47.5 to 48.4	36
19.0 to 19.9	9	48.5 to 49.5	37
20.0 to 21.0	10	49.6 to 50.5	38
21.1 to 22.0	11	50.6 to 51.6	39
22.1 to 23.1	12	51.7 to 52.6	40
23.2 to 24.1	13	52.7 to 53.7	41
		53.8 to 54.0	42

INSTRUCTIONS

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* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

Course Handicap Table

Colorado
 Frost Creek
 Women's - White

Course Rating™: 76.2 - Slope Rating®: 152 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +5.0	+3	24.1 to 24.7	37
+4.9 to +4.3	+2	24.8 to 25.4	38
+4.2 to +3.5	+1	25.5 to 26.2	39
+3.4 to +2.8	0	26.3 to 26.9	40
+2.7 to +2.1	1	27.0 to 27.7	41
+2.0 to +1.3	2	27.8 to 28.4	42
+1.2 to +0.6	3	28.5 to 29.2	43
+0.5 to 0.2	4	29.3 to 29.9	44
0.3 to 0.9	5	30.0 to 30.7	45
1.0 to 1.7	6	30.8 to 31.4	46
1.8 to 2.4	7	31.5 to 32.1	47
2.5 to 3.1	8	32.2 to 32.9	48
3.2 to 3.9	9	33.0 to 33.6	49
4.0 to 4.6	10	33.7 to 34.4	50
4.7 to 5.4	11	34.5 to 35.1	51
5.5 to 6.1	12	35.2 to 35.9	52
6.2 to 6.9	13	36.0 to 36.6	53
7.0 to 7.6	14	36.7 to 37.3	54
7.7 to 8.4	15	37.4 to 38.1	55
8.5 to 9.1	16	38.2 to 38.8	56
9.2 to 9.8	17	38.9 to 39.6	57
9.9 to 10.6	18	39.7 to 40.3	58
10.7 to 11.3	19	40.4 to 41.1	59
11.4 to 12.1	20	41.2 to 41.8	60
12.2 to 12.8	21	41.9 to 42.5	61
12.9 to 13.6	22	42.6 to 43.3	62
13.7 to 14.3	23	43.4 to 44.0	63
14.4 to 15.0	24	44.1 to 44.8	64
15.1 to 15.8	25	44.9 to 45.5	65
15.9 to 16.5	26	45.6 to 46.3	66
16.6 to 17.3	27	46.4 to 47.0	67
17.4 to 18.0	28	47.1 to 47.8	68
18.1 to 18.8	29	47.9 to 48.5	69
18.9 to 19.5	30	48.6 to 49.2	70
19.6 to 20.2	31	49.3 to 50.0	71
20.3 to 21.0	32	50.1 to 50.7	72
21.1 to 21.7	33	50.8 to 51.5	73
21.8 to 22.5	34	51.6 to 52.2	74
22.6 to 23.2	35	52.3 to 53.0	75
23.3 to 24.0	36	53.1 to 53.7	76
		53.8 to 54.0	77

INSTRUCTIONS

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* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

Course Handicap Table

Colorado
Frost Creek

Women's - White/Gold

Course Rating™: 73.7 - Slope Rating®: 144 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.9	+5	24.2 to 24.9	33
+4.8 to +4.1	+4	25.0 to 25.7	34
+4.0 to +3.3	+3	25.8 to 26.5	35
+3.2 to +2.6	+2	26.6 to 27.3	36
+2.5 to +1.8	+1	27.4 to 28.0	37
+1.7 to +1.0	0	28.1 to 28.8	38
+0.9 to +0.2	1	28.9 to 29.6	39
+0.1 to 0.6	2	29.7 to 30.4	40
0.7 to 1.4	3	30.5 to 31.2	41
1.5 to 2.1	4	31.3 to 32.0	42
2.2 to 2.9	5	32.1 to 32.8	43
3.0 to 3.7	6	32.9 to 33.5	44
3.8 to 4.5	7	33.6 to 34.3	45
4.6 to 5.3	8	34.4 to 35.1	46
5.4 to 6.1	9	35.2 to 35.9	47
6.2 to 6.9	10	36.0 to 36.7	48
7.0 to 7.6	11	36.8 to 37.5	49
7.7 to 8.4	12	37.6 to 38.2	50
8.5 to 9.2	13	38.3 to 39.0	51
9.3 to 10.0	14	39.1 to 39.8	52
10.1 to 10.8	15	39.9 to 40.6	53
10.9 to 11.6	16	40.7 to 41.4	54
11.7 to 12.3	17	41.5 to 42.2	55
12.4 to 13.1	18	42.3 to 43.0	56
13.2 to 13.9	19	43.1 to 43.7	57
14.0 to 14.7	20	43.8 to 44.5	58
14.8 to 15.5	21	44.6 to 45.3	59
15.6 to 16.3	22	45.4 to 46.1	60
16.4 to 17.1	23	46.2 to 46.9	61
17.2 to 17.8	24	47.0 to 47.7	62
17.9 to 18.6	25	47.8 to 48.4	63
18.7 to 19.4	26	48.5 to 49.2	64
19.5 to 20.2	27	49.3 to 50.0	65
20.3 to 21.0	28	50.1 to 50.8	66
21.1 to 21.8	29	50.9 to 51.6	67
21.9 to 22.5	30	51.7 to 52.4	68
22.6 to 23.3	31	52.5 to 53.2	69
23.4 to 24.1	32	53.3 to 53.9	70
		54.0 to 54.0	71

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Course Handicap Table

Colorado
Frost Creek
Women's - Gold

Course Rating™: 72.4 - Slope Rating®: 142 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.7	+6	24.0 to 24.7	31
+4.6 to +3.9	+5	24.8 to 25.5	32
+3.8 to +3.2	+4	25.6 to 26.3	33
+3.1 to +2.4	+3	26.4 to 27.1	34
+2.3 to +1.6	+2	27.2 to 27.9	35
+1.5 to +0.8	+1	28.0 to 28.7	36
+0.7 to 0.0	0	28.8 to 29.5	37
0.1 to 0.8	1	29.6 to 30.3	38
0.9 to 1.6	2	30.4 to 31.1	39
1.7 to 2.4	3	31.2 to 31.9	40
2.5 to 3.2	4	32.0 to 32.7	41
3.3 to 4.0	5	32.8 to 33.5	42
4.1 to 4.8	6	33.6 to 34.2	43
4.9 to 5.6	7	34.3 to 35.0	44
5.7 to 6.4	8	35.1 to 35.8	45
6.5 to 7.2	9	35.9 to 36.6	46
7.3 to 8.0	10	36.7 to 37.4	47
8.1 to 8.8	11	37.5 to 38.2	48
8.9 to 9.6	12	38.3 to 39.0	49
9.7 to 10.4	13	39.1 to 39.8	50
10.5 to 11.2	14	39.9 to 40.6	51
11.3 to 12.0	15	40.7 to 41.4	52
12.1 to 12.8	16	41.5 to 42.2	53
12.9 to 13.6	17	42.3 to 43.0	54
13.7 to 14.4	18	43.1 to 43.8	55
14.5 to 15.1	19	43.9 to 44.6	56
15.2 to 15.9	20	44.7 to 45.4	57
16.0 to 16.7	21	45.5 to 46.2	58
16.8 to 17.5	22	46.3 to 47.0	59
17.6 to 18.3	23	47.1 to 47.8	60
18.4 to 19.1	24	47.9 to 48.6	61
19.2 to 19.9	25	48.7 to 49.4	62
20.0 to 20.7	26	49.5 to 50.2	63
20.8 to 21.5	27	50.3 to 51.0	64
21.6 to 22.3	28	51.1 to 51.8	65
22.4 to 23.1	29	51.9 to 52.6	66
23.2 to 23.9	30	52.7 to 53.3	67
		53.4 to 54.0	68

INSTRUCTIONS

* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

Course Handicap Table

Colorado
Frost Creek

Women's - Silver/Gold

Course Rating™: 69.4 - Slope Rating®: 134 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +5.0	+9	23.7 to 24.5	26
+4.9 to +4.2	+8	24.6 to 25.3	27
+4.1 to +3.3	+7	25.4 to 26.2	28
+3.2 to +2.5	+6	26.3 to 27.0	29
+2.4 to +1.7	+5	27.1 to 27.9	30
+1.6 to +0.8	+4	28.0 to 28.7	31
+0.7 to 0.0	+3	28.8 to 29.5	32
0.1 to 0.9	+2	29.6 to 30.4	33
1.0 to 1.7	+1	30.5 to 31.2	34
1.8 to 2.6	0	31.3 to 32.1	35
2.7 to 3.4	1	32.2 to 32.9	36
3.5 to 4.3	2	33.0 to 33.8	37
4.4 to 5.1	3	33.9 to 34.6	38
5.2 to 5.9	4	34.7 to 35.5	39
6.0 to 6.8	5	35.6 to 36.3	40
6.9 to 7.6	6	36.4 to 37.1	41
7.7 to 8.5	7	37.2 to 38.0	42
8.6 to 9.3	8	38.1 to 38.8	43
9.4 to 10.2	9	38.9 to 39.7	44
10.3 to 11.0	10	39.8 to 40.5	45
11.1 to 11.8	11	40.6 to 41.4	46
11.9 to 12.7	12	41.5 to 42.2	47
12.8 to 13.5	13	42.3 to 43.0	48
13.6 to 14.4	14	43.1 to 43.9	49
14.5 to 15.2	15	44.0 to 44.7	50
15.3 to 16.1	16	44.8 to 45.6	51
16.2 to 16.9	17	45.7 to 46.4	52
17.0 to 17.7	18	46.5 to 47.3	53
17.8 to 18.6	19	47.4 to 48.1	54
18.7 to 19.4	20	48.2 to 48.9	55
19.5 to 20.3	21	49.0 to 49.8	56
20.4 to 21.1	22	49.9 to 50.6	57
21.2 to 22.0	23	50.7 to 51.5	58
22.1 to 22.8	24	51.6 to 52.3	59
22.9 to 23.6	25	52.4 to 53.2	60
		53.3 to 54.0	61

INSTRUCTIONS

* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

Course Handicap Table

Colorado
Frost Creek
Women's - Silver

Course Rating™: 67.4 - Slope Rating®: 120 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.7	+10	24.6 to 25.5	22
+4.6 to +3.7	+9	25.6 to 26.4	23
+3.6 to +2.8	+8	26.5 to 27.4	24
+2.7 to +1.8	+7	27.5 to 28.3	25
+1.7 to +0.9	+6	28.4 to 29.2	26
+0.8 to 0.0	+5	29.3 to 30.2	27
0.1 to 1.0	+4	30.3 to 31.1	28
1.1 to 1.9	+3	31.2 to 32.1	29
2.0 to 2.9	+2	32.2 to 33.0	30
3.0 to 3.8	+1	33.1 to 33.9	31
3.9 to 4.8	0	34.0 to 34.9	32
4.9 to 5.7	1	35.0 to 35.8	33
5.8 to 6.6	2	35.9 to 36.8	34
6.7 to 7.6	3	36.9 to 37.7	35
7.7 to 8.5	4	37.8 to 38.7	36
8.6 to 9.5	5	38.8 to 39.6	37
9.6 to 10.4	6	39.7 to 40.5	38
10.5 to 11.3	7	40.6 to 41.5	39
11.4 to 12.3	8	41.6 to 42.4	40
12.4 to 13.2	9	42.5 to 43.4	41
13.3 to 14.2	10	43.5 to 44.3	42
14.3 to 15.1	11	44.4 to 45.2	43
15.2 to 16.1	12	45.3 to 46.2	44
16.2 to 17.0	13	46.3 to 47.1	45
17.1 to 17.9	14	47.2 to 48.1	46
18.0 to 18.9	15	48.2 to 49.0	47
19.0 to 19.8	16	49.1 to 50.0	48
19.9 to 20.8	17	50.1 to 50.9	49
20.9 to 21.7	18	51.0 to 51.8	50
21.8 to 22.6	19	51.9 to 52.8	51
22.7 to 23.6	20	52.9 to 53.7	52
23.7 to 24.5	21	53.8 to 54.0	53

INSTRUCTIONS

* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.